

# Kids Program

All cities · All days · Ages 5–17

Schedule effective April onwards



647 563 5599 · 289 828 2903 · 437 996 0210 · [www.smashhour.com](http://www.smashhour.com) · [@smash.hour](https://twitter.com/smash.hour)

## 1-on-1 Private

Fully personalised session. Scheduled throughout the week — mutually agreed upon availability.

## 1-on-2 Semi-Private

Shared private session for two. Scheduled throughout the week — mutually agreed upon availability.

## Private Group Batch

Want to train with your own group? Scheduled throughout the week — discuss availability with us!

## GROUP SESSIONS

Fixed weekly schedule · All cities listed below

CITY	DAY	TIME	LEVEL	VENUE
Hamilton	Monday	7:00 – 8:00 PM	Kids	F.H. Sherman Recreation and Learning Centre
Mississauga	Tuesday	5:30 – 6:30 PM	Kids	Mississauga Valley Community Centre
Milton	Sunday	6:30 – 7:30 PM	Beginners	Milton Sports Centre
	Sunday	7:30 – 8:30 PM	Intermediate	Milton Sports Centre
Oakville	Friday	6:00 – 7:00 PM	Beginners	St. Mildred's-Lightbourn School
	Friday	7:00 – 8:00 PM	Intermediate	St. Mildred's-Lightbourn School
Burlington	Sunday	12:00 – 1:00 PM	Kids	373 Wyecroft Rd
	Thursday	6:00 – 7:00 PM	Beginners	Brant Hills Community Centre
Burlington	Thursday	7:00 – 8:00 PM	Intermediate	Brant Hills Community Centre
	Sunday	4:00 – 5:00 PM	Beginners	Alton Community Centre
	Sunday	5:00 – 6:00 PM	Intermediate	Alton Community Centre

# Adults Program

All cities · All days · All levels welcome

Schedule effective April onwards



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## 1-on-1 Private

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## 1-on-2 Semi-Private

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## Private Group Batch

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## GROUP SESSIONS

Fixed weekly schedule · All cities listed below

CITY	DAY	TIME	LEVEL	VENUE
Hamilton	Monday	8:00 – 9:00 PM	Adults	F.H. Sherman Recreation and Learning Centre
Milton	Sunday	7:30 – 8:30 PM	Adults	Milton Sports Centre
Oakville	Sunday	1:00 – 2:00 PM	Adults	373 Wyecroft Rd
	Saturday	10:00 – 11:00 AM	Adults	Batts Athletics
Burlington	Saturday	11:00 AM – 12:00 PM	Adults	Batts Athletics
	Saturday	12:00 – 1:00 PM	Adults	Batts Athletics



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### Equipment is provided for drop-in sessions

Rackets and shuttlecocks included — just show up!